



Koksijde Golf ter Hille

JUNIOR KICK-OFF 25/01/2026



Team Jeugdwerking

- **Coördinator & jeugdcoördinator:** Minke Devroye
- **Coaches:**

George Mackechnie



Graham Pearce



Karel Vereecke

Emile Vermeersch



Emma Petrie

Nancy Vandoorne



- **Junior Captain:** Luc Goeminne



Junior Academy

- **Futures**: Brede basis, kennismaking met de golfsport, lage instapdrempel
 - >>> **Emma – Nancy**
- **Birdies**: gebeten door golf – gemotiveerd om een betere golfer te worden & competitie-goesting.
 - >>> **Emile – Karel – Graham**
- **Eagles**: doorgedreven training & competitie (extern)
 - >>> **George – Graham – Karel**



Traject JUST GOLF

Start zonder hcp: toegang tot driving range, putting, chipping green en oefenbunkers. Op de baan onder begeleiding van de coach.

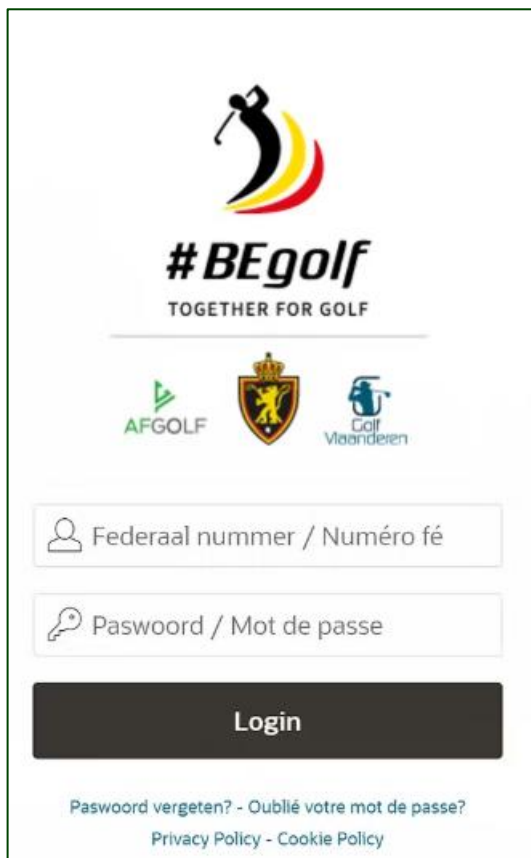
Course Ready: bijkomend toegang tot de 9 holes Hazebeekcourse onder begeleiding van een golfende ouder of grootouder.

Hcp 54: je mag alleen op de baan en kan qualifying spelen
+ theorieproef

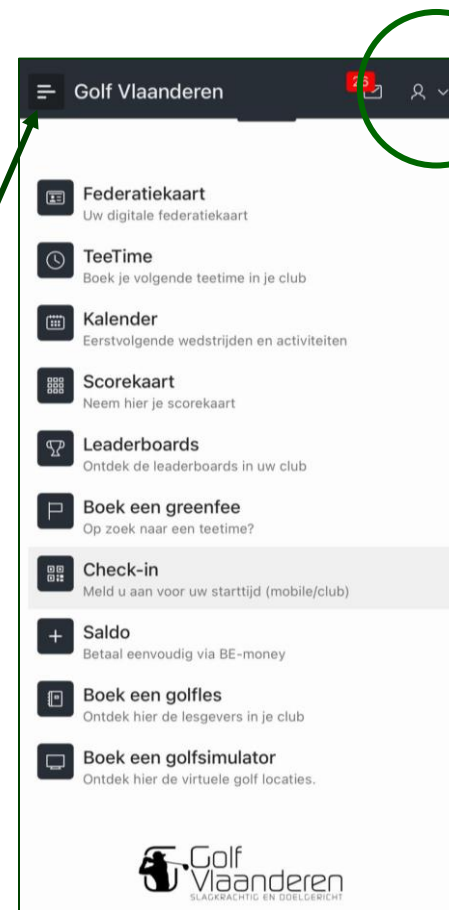
Just Golf: qualifying wedstrijden spelen
+ theorieproef hcp 36 & Langeleedcourse



www.BEgolf.be



The login page features the BEgolf logo at the top, followed by the text "#BEgolf TOGETHER FOR GOLF". Below this are logos for AFGOLF, the Flemish coat of arms, and Golf Vlaanderen. The login form consists of two input fields: "Federaal nummer / Numéro fé" and "Paswoord / Mot de passe". A dark "Login" button is positioned below the fields. At the bottom, there are links for "Paswoord vergeten? - Oublié votre mot de passe?" and "Privacy Policy - Cookie Policy".



The mobile app interface shows a header with the text "Golf Vlaanderen" and a red notification badge. A list of menu items includes: "Federatiekaart", "TeeTime", "Kalender", "Scorekaart", "Leaderboards", "Boek een greenfee", "Check-in", "Saldo", "Boek een golfles", and "Boek een golfsimulator". A green circle highlights the notification badge and the user profile icon in the header.

Uw reservaties

Junior Leskaart



Naam

Datum

Geldig tot

LES 1 gevolgd op / /

LES 2 gevolgd op / /

LES 3 gevolgd op / /

✓ Goed voor 3 x ½ uur les bij een pro naar keuze

✓ Vooraf reserveren en registreren via het golfsecretariaat

N° 00551

- ✓ Goed voor 3 x ½ uur les bij een pro naar keuze
- ✓ Vooraf reserveren en registreren via het golfsecretariaat

Golfstages

- Kennismakingsstages
- Evolutiestages
- Futures stages



Inschrijven via www.koksijdegolfterhille.be



Juniorwedstrijden

- Op de 9 holes Hazebeekcourse
- Tussen april en september
- Kalender >>> www.koksijdegolfterhille.be
- Inschrijven via BE-golf (kalender)
2 weken voor datum tot 3 dagen voor datum
- Vanaf hcp 54: Qualifying
- Zonder hcp: Non-Qualifying (potjes)
- Afslagplaats kiezen →
- Begeleiding: 📢 oproep

Tees

Gender	Tee
Vrouw	L Blauw
Vrouw	L Geel
Vrouw	L Rood
Man	M Blauw
Man	M Geel
Man	M Rood
Man	M Wit



Juniorwedstrijden

- **Rabbitswedstrijden**
- **Competitie in competitie:**
 - Junior Trophy
 - King&Queen Langeleedcourse
- **Wedstrijden bij:**
 - Golf Vlaanderen
 - KBGF
- **Junior Clubkampioenschap**



Varia

- **Charter**
 - Bestuur / Coaches / Ouders / Junior
- **Junior Outfit of Cluboutfit**
 - Polo
 - Windstopper / Hoodie



Junior Academy

Introduction

- Golf compared to other sports
 - Training time
-

- Training structure
 - Playing & progressing
-

- Productive golf parent



Junior Academy

What are the challenges for us as a golf academy?

- Golf often played as a second or third sport.
- Time consuming.
- Individual sport +/-.
- The advantages of learning the 3 'R's'
 - (Respect yourself)
 - (Respect others)
 - (Take Responsibility)

Junior Academy

Practice time required for junior golfers.

Recreational golfer
1-2 hours a week.

Competitive junior golfer within the club
3-4 hours a week.

Competitive junior golfer at national level
5-15 hours a week.

Junior Academy

Training structure

Lessons throughout the training year cover all aspects of the game.

- Physical training (Warm up)
- Golf swing (technical)
- Short game
- Putting
- On course



Junior Academy

Each session follows
a particular and
deliberate structure.



Physical (warm up)

Technical

Skill

Performance

Junior Academy

Physical warm up.

- Obvious physical and injury prevention benefits.
- Creates good habits and gives the opportunity for a group moment.
- Gives the opportunity to strengthen our culture.



Junior Academy

Technical element of training

Important to maintain good fundamentals.

Create good habits through structure.

Gives players a safe zone to work on technical improvements.



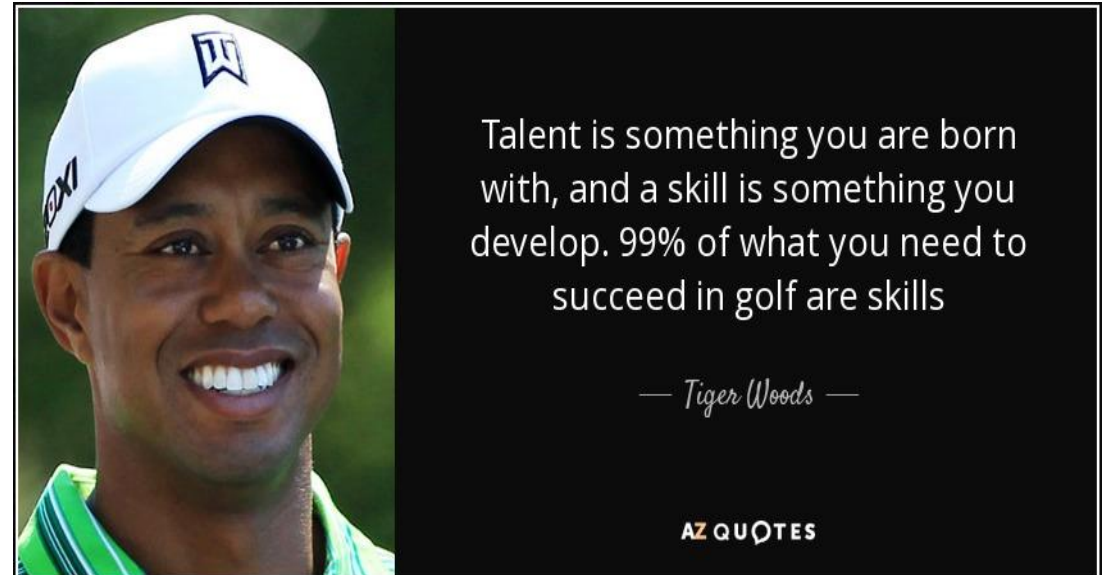
Junior Academy

Skill development in training

What does skill look like in training?

Refining and improving abilities to improve in game situations.

It is deliberate random practice to improve these abilities.



Junior Academy

Performance training in golf

- Understand what goals to take into performance situations.
- To create small measure of stress in practice.
- Emphasis the importance of sticking to the process.

“I kept telling myself this word, process. Focus on my process, don’t care about the result.”

Rory McIlroy

Junior Academy

Performance practice on the range

Provides gamification of practice.

Makes it easier to set measurable goals.

Helps improve course management skills.

Benefits the fun factor of training.



Golf Academy

Productive golf parent in relation to playing.

Be a supporter!

Tell them to enjoy it!

Ask if your child if they had fun?

Productive golf parent in relation to training.

Ask your child if they have home work?

Support the coaching program and the coaching structure.

Junior Academy

Home work!

Technical training in swing often does not relate to hitting balls.

- Dry drills help to focus players on movement only.
- Removes the emotion of good or bad outcomes.
- Makes practice more efficient and can also be done away from the golf.



Junior Academy

Home work!

Technical training in swing often does not relate to hitting balls.

- Dry drills help to focus players on movement only.
- Removes the emotion of good or bad outcomes.
- Makes practice more efficient and can also be done away from the golf.





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BEDANKT VOOR JULLIE AANDACHT!

